

## People Handling and Risk Assessment Key Trainer's Certificate

EDGE Services are one of the leading purveyors of health and safety training in the UK today. We are committed to developing your knowledge skills and confidence through professional, proven courses that have a direct impact on performance.

### Course Overview

This four day course will provide you with the knowledge, skills and confidence to train others in the moving and handling of people and in the conducting of manual handling risk assessments.

### Who Will Benefit?

This course is for those with a responsibility for health and safety and welfare of carers and clients with regards to the moving and handling of people.

### Assessment and Certification

Course assessment comprises:

- a one hour 'open-book' written assignment to determine your theoretical understanding of the course content;
- completion of a risk assessment document based on a case study as a group activity;
- a practical skills assessment, which takes place continuously throughout the course.

This course is a Royal College of Occupational Therapists (RCOT) Approved Learning Award and is certified by the CPD Certification Service. Upon successful completion of this training you will receive a certificate from EDGE Services and a Level 4 award from RoSPA Qualifications. Both certificates are valid for two years.

### Overview of Course Aims and Intended Learning Outcomes

By the end of the course you will be able to:

- demonstrate a sound knowledge of legislation and professional guidance which affects you, your job, your employers and employees;
- understand the workings of the spine and how to reduce the risks of spinal injury;
- demonstrate an appreciation of the principles of biomechanics;
- demonstrate an appreciation of ergonomics;
- demonstrate a sound knowledge of risk assessment;
- demonstrate a sound knowledge of 'controversial techniques';
- demonstrate a sound knowledge of up-to-date practical skills in moving and handling clients in a care setting;
- demonstrate the skills and confidence to convey moving and handling knowledge and skills to others.

### Post-Training Support

This unique service provides invaluable support to you after the course has finished. Our helpful trainers are available to answer any queries you may have once they return to work.

### Public Training Courses

#### Forthcoming Venues:

Birmingham, Brighton, Cardiff, Edinburgh, Exeter, Glasgow, London, Manchester, Oxfordshire, Peterborough, York.

Course Duration: Four Days

Cost: £910+VAT per delegate - London

£780+VAT per delegate - all other locations

### In-House Training Courses

Available in-house across the UK.

Course Duration: Four Days

Cost: £4100+VAT for up to 10 delegates.

See website or telephone EDGE Services for further details.

### Course Accreditations:



### Course Materials Comprise of:

- A 256 page professionally bound, full colour course text book.
- Access to all notes, handouts, delegate quizzes etc that you would need to deliver your own training courses as well as an hour long video of practical skills taught.
- A 27 page full colour 'Ideas' book with training tips.
- Access to an exclusive on-line Resource Library full of useful information sheets, skills sheets and training tools.
- Access to an exclusive e-learning programme designed to cover the theory content of people handling training for 'front-line' staff.

*All the above and more are included in the course price.*

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